

CONVALIDATION MARRIAGE PREP



Marriage Prep Standards

1. **Theology**
 - Sacrament of Holy Matrimony
 - Conjugal Love (Full, Total, Faithful, Fruitful)
 - One Hour of Theology of the Body
 - Intro on the Moral and Practical Aspects of Natural Family Planning
2. **Relationship Inventory**
 - ReFOCCUS
 - Witness to Love - Sacramental Marriage Formation for Couples in Civil Unions
3. **Natural Family Planning Course**
 - Select a method/course from archden.org/nfp

Preparation in Theology includes four topics and may be completed using the resources listed below.

Theology Resources

	Sacrament of Holy Matrimony	Conjugal Love (Full, Total, Faithful & Fruitful)	Theology of the Body (minimum 1 hour)	Introduction on the Moral & Practical Aspects of Natural Family Planning
Humanae Vitae - Translation & Introduction by Janet Smith (Intro - 19 pages) (Humanae Vitae - 30 pages - in English and Spanish)		HV 8,9		Introduction and whole document
Beloved: Finding Happiness in Marriage by FORMED/Augustine Institute (12 episodes - in English and Spanish)	episodes 3 and 5	episode 3	episodes 3, 4, 5	episode 4
Good News About Sex & Marriage by Christopher West (172 pages)	pgs. 20, 46-64	pgs. 26-30, 90-92	throughout	pgs. 108-134
Marriage: Love & Life in the Divine Plan by USCCB (54 pages - in English and Spanish)	pgs. 29-37	pgs. 48-49		pgs. 9-21
Archdiocese of Denver Marriage Prep Guidebook (supplemental article on Conjugal Love)		pgs. 10-13		
Archdiocese of Denver Theology of the Body (1 hour video) archden.org/tob password: JP2TOB			entire video	