



SEXUALITY TEACHING IN THE CONTEXT OF ADULT RESPONSIBILITY

THE TYPICAL APPROACH TO SEX EDUCATION FOR TEENS IS BASED EITHER ON:



Teach
Abstinence

Provide
Contraceptives

THE WORLD HEALTH ORGANIZATION (WHO) ATTRIBUTES THESE MEANS TO ACHIEVE HEALTHY TEEN SEXUALITY:

Prevention of...

- Violence
- Sexually Transmitted Diseases
- Early Marriage
- Pregnancy

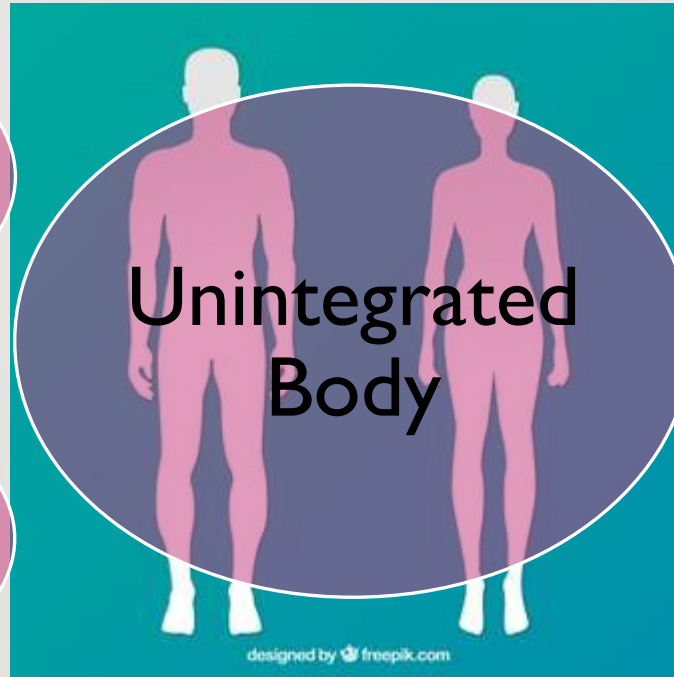
Cultivation of...

- Stable Family Structure
- Education
- Healthy Peers
- Provision of Contraceptives

WHAT RESULTS FROM THEIR KIND OF APPROACH?

Devalue
Fertility

Separation
of Sex &
Procreation



Gender
Identity
Manipulation

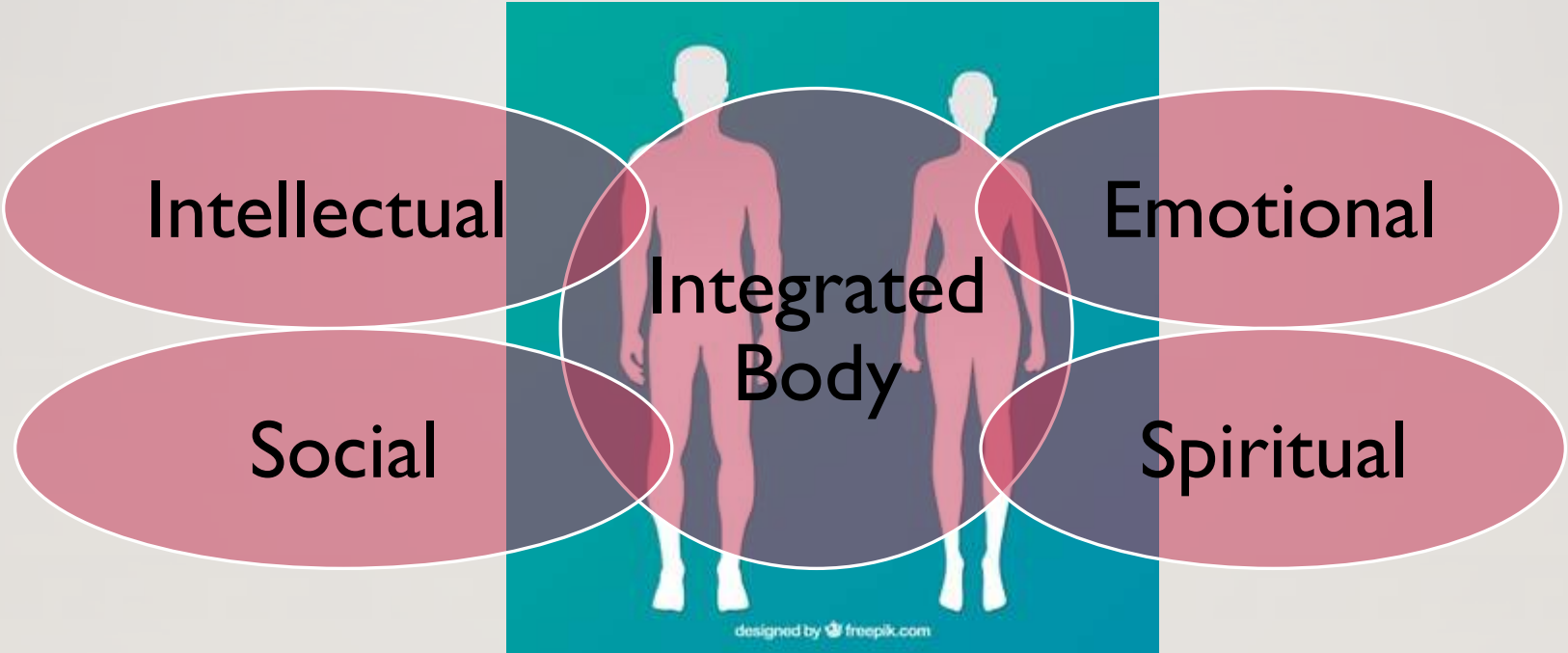
Focus on
Satisfaction
of Desires

WHAT'S MISSING FROM THEIR ATTRIBUTES LIST?



A proper understanding and
valuing of one's *sexuality*
and *fertility*

TEEN STAR PROVIDES AN INTEGRATED UNDERSTANDING OF THE HUMAN PERSON WITH ITS BODY.



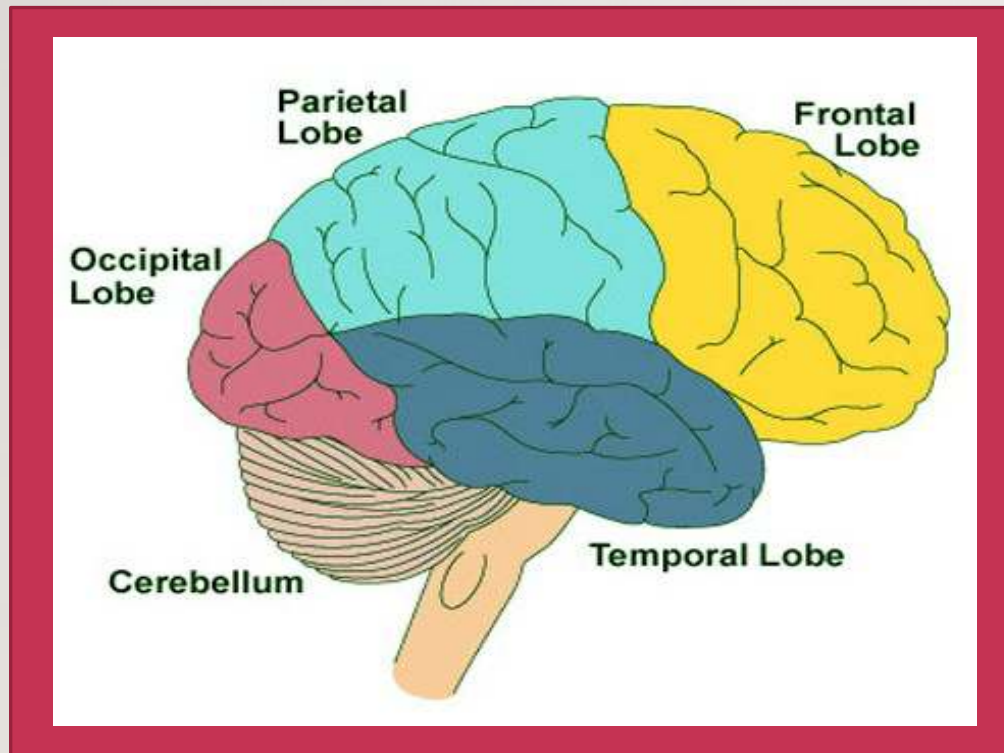
UNDERSTANDING SEXUAL DEVELOPMENT

Biological Capability (begins at puberty)

Emotional Readiness

Personal Readiness

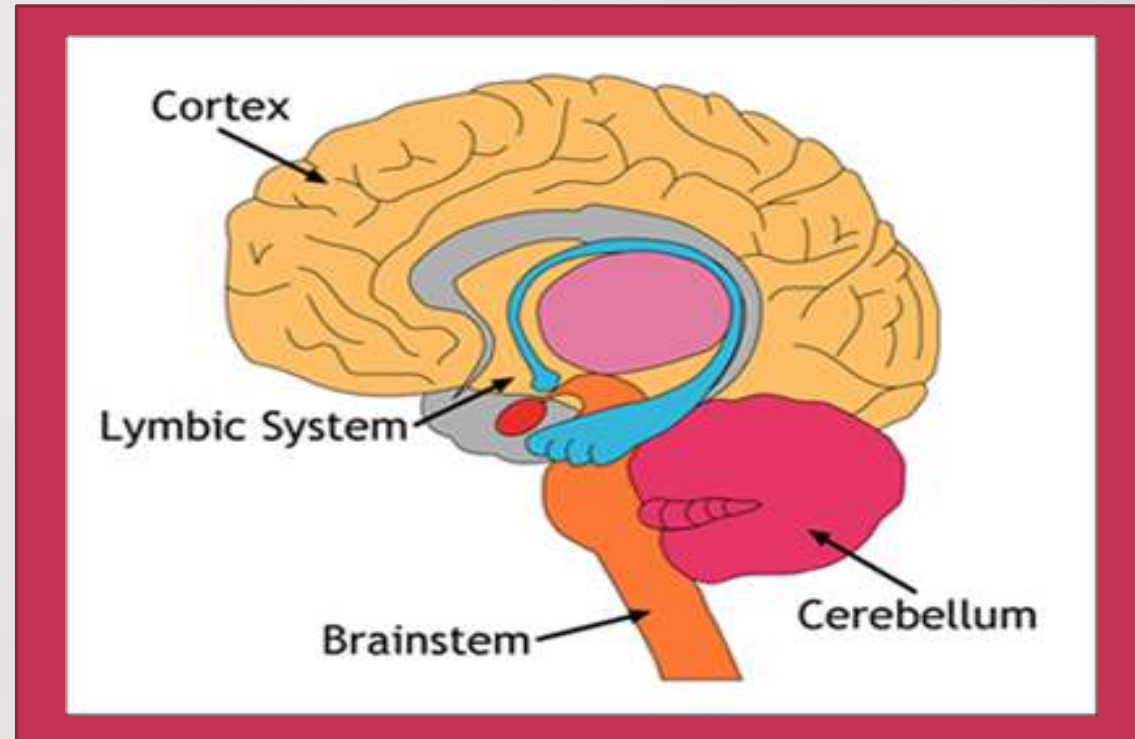
BRAIN DEVELOPMENT – FRONTAL LOBE



- Center of Rational Thought & Decision Making
- Not Fully Mature Until Middle 20's

BRAIN DEVELOPMENT – LIMBIC SYSTEM

- Mediates Impulsive Behavior
- Dominate During Childhood and Adolescence



THE TRAGIC DISCONNECT...

If decisions are ruled by the limbic system during adolescence, then why does our culture invite teens to begin sexual relations “when you feel ready?”

This understandably leads to disastrous physical and emotional results.

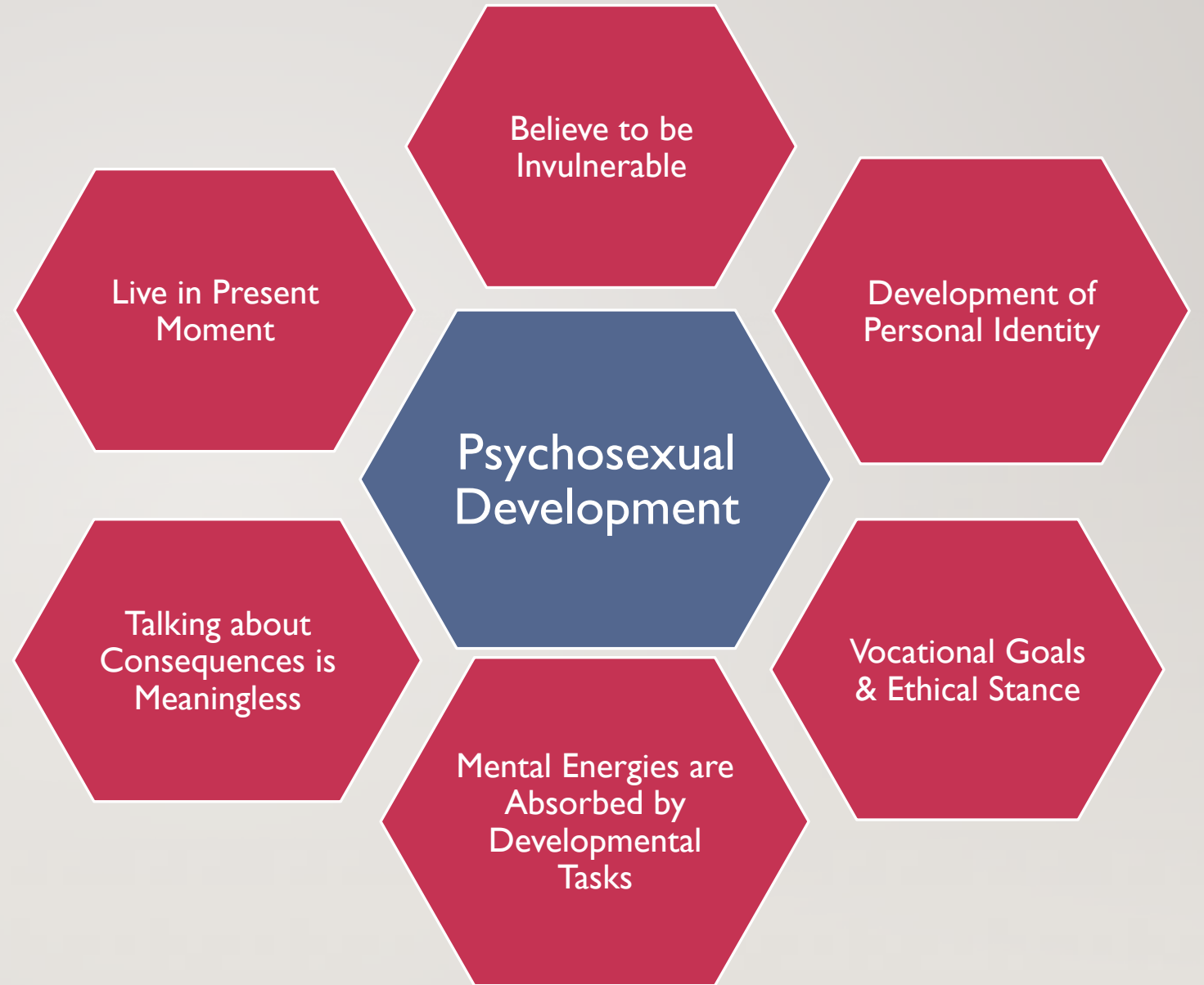
WHAT'S DIFFERENT ABOUT TEEN STAR'S APPROACH?



Teen STAR enters into and engages the great mental energy focused on the physical and hormonal components of the teens' emerging sexuality.

WHERE ARE TEENS DEVELOPMENTALLY?

Teens are at the stage of personal fable (Erikson).



THE BODY IS A POWERFUL ASSET IN CONNECTING OUR SEXUALITY AND BEHAVIOR

Girls Learn Their Fertility Sign

- Leads Them to “Own” Their Sexuality & Fertility

Boys Understand Their Bodily Changes/ Reactions

- Leads Them to Learn How to Master Them

UNDERSTANDING THEIR BODY IS KEY

Integrating these signs of fertility into their

- Emotions
- Relationships
- Long-Term Goals


involves thinking and spirituality that lead to mature behavioral outcomes.

TEEN STAR - PEDAGOGY



Self-Discovery

- Engage:
- The Experience of Fertility Signs Central to Learning
- Emotional Patterns




Individual Counseling

- Reflect:
- Effects of Understanding Sexuality & Fertility on Self-Concept
- Consequences of Chosen Behavior



Guidance

- Seek:
 - Find Answers that Withstand the Test of Adult Life in a Proper Social Setting
- 

TEEN STAR COURSE INCLUDES PARENTS:



Parent Permission

- Parental permission is an entry requirement for program participation
- Parent meetings are part of the program



Parent Involvement

- Parent-teen dialogue is necessary to complete several assignments



Parental Respect

- Parents provide important love, nurture, and support to teens
- They set the boundaries needed for security

TEEN STAR – CURRICULA

Addresses Different Levels of Psychosexual Maturity:

- Middle School (7th & 8th grades) – Boys, Girls
- High School (9th & 10th grades) – Boys, Girls
- High School (11th & 12th grades) – Boys, Girls (refresher)
- University Level (1 semester) – Holistic Sexuality

2 Semesters
14 Sessions
1x Wk Format
1 Hr/Day



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